

CARE SHEET

Implants - Pre Operative Instructions

1. Please bring all your medications on the day of surgery to the dentist.
2. 0.2% Chlorhexidine mouthwash should be used every 12 hours (eg 8am - 8pm) for three days before surgery. Rinse the solution in mouth for 1 minute.
3. Amoxycillin (if allergic to penicillin - Chlindamycin 300mg to be taken 1 hours prior to surgery) 1gm of Amoxycillin 1 hour prior to surgery.
4. Do not smoke for at least 6 weeks prior to surgery. Nicorettes or nicotine patches can be used. To facilitate the integration of the implant it is strongly recommended that this continue post implantation until integration or indefinitely.
5. Antibiotics prescribed by Dr Briggs must be taken 1 hour prior to your operation.

Implants - Post Operative Instructions

1. Arrange to have time off work depending on the scope of surgery. Dr Briggs will help advise you.
2. Have a light meal a few hours after surgery to avoid dehydration.
3. Soft food is advisable whilst healing is occurring (3-4 days).
4. A follow up appointment will be made prior to you leaving the surgery. Stitches to be removed 1 week post surgery.
5. Do not drink alcohol for at least 3 days.
6. Do not smoke (see notes above in pre-operative section).
7. Avoid rigorous exercise for 3-4 days after surgery. Any exertion that would raise the blood pressure may cause bleeding from the wound.
8. To avoid pressure on the newly placed implants, dentures should not be worn for 1 week post surgery.

Pain Relief Post Implant Surgery

1. It is normal to have some pain after the anaesthetic injection wears off.
2. Please ensure that you take the prescribed analgesic medication every 3-4 hours as necessary to relieve the pain. Take a dose 30 minutes after surgery. It is important not to drive while taking analgesic medications.
3. If the pain persists for more than 24 hours after surgery, please contact your dentist and/or Dr Briggs.
4. Please use Chlorohexidine mouthwash twice daily for 10 days post surgery.
5. Swelling and bruising can be expected. An ice pack on the side of the face can be used to help alleviate the swelling.
7. If pain or swelling worsens, please contact the dental surgery and/ or Dr Briggs.

Should you need any assistance or if you have any queries please do not hesitate to contact Dr Briggs on 0425 204 503.